

## Res. Asst. Solmaz Ece YILMAZ

### Personal Information

**Email:** syilmaz1@bezmialem.edu.tr

**Web:** <https://avesis.bezmialem.edu.tr/syilmaz1>

### Education Information

Post Graduate, İstanbul University-Cerrahpaşa, Beslenme (İç Hastalıkları), Turkey 2018 - Continues

Undergraduate Double Major, Yeditepe University, Faculty Of Science And Letters, Department Of Psychology, Turkey 2015 - 2018

Under Graduate, Yeditepe University, Faculty Of Health Sciences, Department Of Nutrition And Dietetics, Turkey 2013 - 2018

### Foreign Languages

English, B2 Upper Intermediate

### Research Areas

Nutrition and Dietetics

### Academic Titles / Tasks

Research Assistant, Bezmialem Vakıf University, Faculty Of Health Sciences, Department Of Nutrition And Dietetics, 2019 - Continues

### Courses

Anne Çocuk Beslenmesi , Under Graduate, 2020 - 2021

Beslenme Psikolojisi, Under Graduate, 2020 - 2021

Beslenme İlkeleri -I, Under Graduate, 2020 - 2021

Beslenme İlkeleri -II, Under Graduate, 2019 - 2020

Beslenme Durum Değerlendirmesi, Under Graduate, 2019 - 2020

Sports Nutrition , Under Graduate, 2020 - 2021

Sağlık İletişimi , Under Graduate, 2020 - 2021

İletişim, Under Graduate, 2020 - 2021

Beslenme Antropolojisi, Under Graduate, 2019 - 2020

### Books & Book Chapters

#### I. EATING DISORDERS AND FACTORS AFFECTING NUTRITION IN ELDERLY INDIVIDUALS

Yılmaz S. E. , Güneş Bayır A., Mendeş B.

in: RECENT STUDIES IN HEALTH SCIENCES , Assist. Prof. Dr. Selen MÜFTUOĞLU, Editor, iksad publishing house, Ankara, pp.55-84, 2020

**II. THE ROLE OF LIFESTYLE AND NUTRITION IN INFERTILITY**

Mendeş B., Güneş Bayır A., Yılmaz S. E.

in: RECENT STUDIES IN HEALTH SCIENCES , Assist. Prof. Dr. Selen MÜFTUOĞLU, Editor, Iksad Publications, Ankara, pp.97-136, 2020

**III. EATING DISORDERS AND FACTORS AFFECTING NUTRITION IN ELDERLY INDIVIDUALS**

YILMAZ S. E. , GÜNEŞ BAYIR A., MENDEŞ B.

in: RECENT STUDIES IN HEALTH SCIENCES, Tıbbi Biyoloji ve Genetik, Editor, iksad publishing house, Ankara, pp.55-84, 2020

**IV. THE ROLE OF LIFESTYLE AND NUTRITION IN INFERTILITY**

MENDEŞ B., GÜNEŞ BAYIR A., YILMAZ S. E.

in: RECENT STUDIES IN HEALTH SCIENCES, Assist. Prof. Dr. Selen MÜFTUOĞLU,, Editor, iksad publishing house, Ankara, pp.97-136, 2020

## **Refereed Congress / Symposium Publications in Proceedings**

**I. Irritabl Bağırsak Sendromu Tedavisinde D Vitaminin Rolü**

YILMAZ S. E. , GÜNEŞ BAYIR A., MENDEŞ B.

Izmir Demokrasi University International Congress of Health Sciences, İzmir, Turkey, 20 - 21 June 2020, pp.41

**II. Crohn Hastalığında Güncel Beslenme Yaklaşımları**

MENDEŞ B., GÜNEŞ BAYIR A., YILMAZ S. E.

3rd International Current Studies on Science, Technology Social Sciences, Adana, Turkey, 19 - 20 June 2020, pp.33-34

**III. The impact of nutrition and lifestyle on infertility**

Güneş Bayır A., Mendeş B., Yılmaz S. E.

3rd Euroasian Chem 2020, Ankara, Turkey, 19 - 20 March 2020, pp.322

**IV. Nutritional Psychology in Elderly**

Güneş Bayır A., Yılmaz S. E. , Mendeş B.

3rd Eurasian Biochem 2020, Ankara, Turkey, 19 - 20 March 2020, pp.325