

## Personal Information

**Email:** syildirim@bezmialem.edu.tr

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## Education Information

Post Graduate, Bezmialem Vakif University, Facult Of Health Sciences, Department Of Physiotherapy And Rehabilitation, Turkey 2017 - 2019

Under Graduate, Bezmialem Vakif University, Facult Of Health Sciences, Department Of Physiotherapy And Rehabilitation, Turkey 2012 - 2017

## Foreign Languages

English, B2 Upper Intermediate

## Certificates, Courses and Trainings

Vocational Course, Pilates for scoliosis, The Australian Physiotherapy & Pilates Institute, 2019

Vocational Course, Matwork Level I- Pilates, The Australian Physiotherapy & Pilates Institute - Turkey Representative, 2018

Vocational Course, International Schroth 3 Dimensional Scoliosis Therapy Part I and Part II, Sportomed, 2017

## Dissertations

Post Graduate, EFFECT OF CORE STABILIZATION TRAINING ON RESPIRATORY PARAMETERS, PERIPHERAL MUSCLE STRENGTH, BALANCE, FUNCTIONAL CAPACITY AND QUALITY OF LIFE IN CHILDREN WITH ADOLESCENT IDIOPATHIC SCOLIOSIS, Bezmialem Vakif University, Facult Of Health Sciences, Department Of Physiotherapy And Rehabilitation, 2019

## Research Areas

Physical therapy and rehabilitation

## Academic Titles / Tasks

Lecturer, Bezmialem Vakif University, Facult Of Health Sciences, Department Of Physiotherapy And Rehabilitation, 2019  
- Continues

## Refereed Congress / Symposium Publications in Proceedings

- **The Effects of Schroth Exercises on Respiratory Muscle Strength and Functional Capacity of Adolescent Idiopathic Scoliosis (AIS) : 3 Case Series**  
Yıldırım S., Özyılmaz S., Elmadağ N. M.  
1st International Conference on Scoliosis Management, İstanbul, Turkey, 12 - 13 April 2019
- Yıldırım S.

## **Memberships / Tasks in Scientific Organizations**

European Respiratory Society, Member, 2019 - Continues

Türkiye Solunum Arařtırmaları Derneđi, Member, 2018 - Continues