

Res. Asst. AYŞE SENA MANZAK

Personal Information

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Education Information

Doctorate, Bezmialem Vakıf University, Health Sciences Institute, Cardiopulmonary Physiotherapy and Rehabilitation, Turkey 2017 - Continues

Undergraduate, Bezmialem Vakıf University, Faculty Of Health Sciences, Department Of Physiotherapy And Rehabilitation, Turkey 2012 - 2017

Certificates, Courses and Trainings

Health&Medicine, Pilates for Scoliosis, APPI, 2020

Health&Medicine, ANTEPOSTNATAL PILATES, APPI, 2018

Health&Medicine, Matwork Level I, APPI, 2018

Research Areas

Health Sciences, Physical therapy and rehabilitation

Academic Titles / Tasks

Research Assistant, Bezmialem Vakıf University, Faculty Of Health Sciences, Department Of Physiotherapy And Rehabilitation, 2019 - Continues

Articles Published in Other Journals

- The Effect of Physical Activity Level and Sleep Quality on Quality of Life in Pregnant Women**
Kostanoğlu A., Manzak A. S., Sahin A.
JOURNAL OF TURKISH SLEEP MEDICINE-TURK UYKU TIBBI DERGISI, vol.6, pp.80-87, 2019 (Journal Indexed in ESCI)

Books & Book Chapters

- Cardiac Telerehabilitation**
Kostanoğlu A., Manzak A. S.
in: Health Sciences II, ÖZGÜNEN Tuncay, Editor, Akademician Publishing House Inc., Ankara, pp.1-12, 2019

Refereed Congress / Symposium Publications in Proceedings

- I. **Adölesan İdiyopatik Skolyozlu Çocuklarda Core Stabilizasyon Egzersizlerinin Gövde Rotasyon Açısı Üzerine Etkisi**
YILDIRIM S., MANZAK A. S. , ÖZYILMAZ S., ELMADAĞ N. M.
8. Ulusal Fizyoterapi ve Rehabilitasyon Kongresi , Ankara, Türkiye, 8 - 09 Mayıs 2021, Turkey, 08 May 2021
- II. **Efficiency of Home-based Pulmonary Rehabilitation in Adults with Asthma.**
Manzak A. S. , Özyılmaz S., Atagün Güney P.
ERS International Congress Virtual, Vienna, Austria, 7 - 09 September 2020, pp.1
- III. **Gebelerde fiziksel aktivitenin yaşam kalitesiyle ilişkisinin incelenmesi**
MANZAK A. S. , Şahin A., KOSTANOĞLU A.
3. Uluslararası Sağlık Bilimleri Kongresi, Ankara Türkiye, 29 November - 01 December 2018
- IV. **Gebelerde uyku kalitesinin yaşam kalitesi üzerine etkisi**
Şahin A., MANZAK A. S. , KOSTANOĞLU A.
3. Uluslararası Sağlık Bilimleri Kongresi, Ankara, Türkiye, 29 November - 01 December 2018

Memberships / Tasks in Scientific Organizations

TORAKS, Member, 2020 - Continues, Turkey
European Respiratory Society, Member, 2020 - Continues, Switzerland
TÜSAD, Member, 2018 - Continues, Turkey

Citations

Total Citations (WOS):1
h-index (WOS):1